

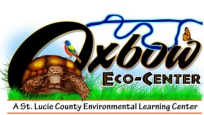
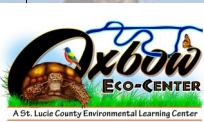


July 2016 @ the Oxbow Eco-Center

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	2 3pm Critter Crunch/Munch
3	4 Happy 4th of July 	5	6	7	8 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	9 3pm Critter Crunch/Munch
10	11	12	13	14 3:30pm Tales & Trails	15 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	16 3pm Critter Crunch/Munch
Spirit of Nature Jr. Art Camp 8:30am-12:30pm RSVP today						
17	18	19	20	21	22 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	23 3pm Critter Crunch/Munch
Spirit of Nature Art Camp 8:30am-2:30pm RSVP today						
24 31	25	26	27	28	29 9:30am Tai Chi for Health 10:45am Tai Chi Yang Form	30 3pm Critter Crunch/Munch
 						

(772) 785-5833
www.oxboweco.com
5400 NE St. James Drive
Port St. Lucie, FL 34983



July 2016

Tai Chi for Health

Fridays (July 1, 8, 15, 22 & 29) @ 9:30am

Tai Chi Yang Form

Fridays (July 1, 8, 15, 22 & 29) @ 10:45am

Tai Chi instructors Hilde and Hector Ruiz-Puyana will lead classes in Tai Chi for Health and Tai Chi Yang Form, designed for everyone, including those who suffer from arthritis, diabetes, osteoporosis, and balance issues. \$12 per class or \$40 for 4 classes. Both forms are appropriate for ages 16 and up. RSVP a must.

Critter Crunch & Munch

Saturdays 3:00pm

Bring something to snack on while you watch the Oxbow's animal ambassadors enjoy their favorite time of day -- meal-time! Appropriate for all ages, FREE.

Tales & Trails

Thursday, July 14th @ 3:30pm

Join Ms. Phyllis for a story time adventure and then take a hike in the butterfly garden or a stroll down the boardwalk to see what kinds of animals you can spot. Each month the story changes, but the fun never stops! Appropriate for ages 2 - 6, FREE.

Spirit of Nature Jr. Art Camp

July 11th - 15th * 8:30am - 12:30pm

Imagine the freedom of soaring through the air like an eagle, swimming along the swift currents of the St. Lucie River or excavating a home deep into the warm sands of the pine flatwoods. Let your imagination take over to enjoy a week filled with creativity and fun. We will be exploring many different art and craft mediums in an effort to allow your child to improve their self-expression and gain confidence. Let your child's wild imagination roam with this year's theme "Art Around the World." Each camper will need to bring their own snacks and lunch. Ages 7-10. \$95/child. RSVP is a must.

Spirit of Nature Art Camp

July 18th - 22nd * 9:00am - 2:00pm

Go on an exciting wild adventure at the Oxbow, and learn all about Florida's native animals, wonderful trees, flowering plants, bizarre but cool bugs and just what it is that makes this state so special. Campers' knowledge will take flight as they learn the secret art of tracking animals, observing wet and dry ecosystems, playing some water games, and just being immersed in the natural world. Every day their problem solving skills will be used to help solve Oxbow's ultimate species mystery. Each camper will need to bring their own snacks and lunch. Ages 10-16, \$120/ child. RSVP a must.

For camp registration contact

[772-785-5833](tel:772-785-5833) or

www.oxbow@stlucieco.org

July 2016



(772) 785-5833

**5400 NE St. James Drive
Port St. Lucie, FL 34983
www.oxboweco.com**

